



March 2020



the Stethoscope

A monthly newsletter of the Frederick Health Auxiliary and Volunteer Program
400 West 7th Street Frederick, MD 21701
Volunteer office: 240-566-3567 - Website: www.frederickhealth.org
Stethoscope website: <https://www.frederickhealth.org/About/Volunteering/Newsletter.aspx>

President's Message

Pat Ray

Happy March! I hope that February was good to everyone as we await the arrival of spring! Each of you has helped the health system get through the winter and a rough flu season, and hopefully the light at the end of the tunnel is in sight with warmer weather and (hopefully) a fast end to the flu.

I hope each of you has had a chance to pick up your new ID card and Auxiliary pin. If you haven't had a chance to stop by the Volunteer Office, please be sure to come in by the end of March as all old badges will be disabled on March 30. It is also very helpful to the Hours service for everyone to use their new badge ID as soon as possible. Input of time has been taking more than twice the regular time and work to cross check and get the new ID for those who do not have their new badge and ID number.

The Auxiliary has been busy planning our fiscal year-end activities. The Annual Auxiliary picnic at Monocacy Village Park is on June 10 and the Membership Meeting at Ceresville Mansion will be June 25. Information will be coming soon but please mark your calendars for these important events. All are welcome at the picnic, and active members who have served 24 or more hours are eligible to attend the Membership meeting.

Frederick Health's Toll House facility (the old cancer institute), which is directly across the street from the hospital, houses several services (Urgent Care, Hood Student Care, Lab facilities, Frederick Health Medical Group offices among others) has requested volunteers to provide a greeter and to assist our patients in finding their way. We are also working on volunteer opportunities at our Frederick Health Village location, which is close to Worman's Mill. Needs in this center will become more solidified once we have permanent offices in the building and gauge the need. If you are interested in working at either location, please stop by the Volunteer Office and let Sharon or Denise know.

You will find information in this newsletter about Frederick Health Rewards. The age limitation has been removed, and we welcome each of you to consider joining. You receive discounts at several locations as well as education sessions and discounts at ProMotion Fitness!

Remember the Gift Shop and Select Seconds when you are shopping for spring clothing and décor (St. Patrick's Day is right around the corner). There is always something wonderful at the auxiliary's shops!

Thank you for all that you do!

Five New Volunteers

Diane Antonette, Pat Antonette,
Jill Rueckemann, TinaMarie Hemmer, Peter Arcidiacono,
Linda Roberts, and Brent Gross



President’s Letter

Thomas A Kleinhanzl

Dear Friends,

I hope you have had a healthy and safe winter. We’ve had a mild year so far, and there’s still time for a snowstorm or two, but spring will be very welcome in the coming months.

Thank you to everyone who participated in National Wear Red Day in February. This effort helps raise awareness of heart disease among women, which continues to be a woman’s greatest health threat. As we continue to focus on our mission to positively impact the well-being of every individual in our community, your support plays an important role in raising awareness throughout the community.

We are looking for nominations for the Good Samaritan of the Year Award. This award recognizes deserving individuals for their participation and selfless commitment to improving the quality of life in Frederick County. These award winners are recognized for their actions or achievements that substantially advance Frederick Health toward fulfillment of its goals or long-term involvement in charitable community service activities. If you want to nominate someone for the Good Samaritan of the Year, you can go do so online at FrederickHealth.org/GoodSamAward or you can email the Development Office at donate@fmh.org.

You may have been following our Magnet journey over the past year or so. Our nursing leadership team has worked with countless individuals across our health system to gather evidence and write narratives to demonstrate the ways in which we are a Magnet® organization. The ANCC (American Nurses Credentialing Center) was extremely impressed with our submission, and we hope to be approved for a site visit in the coming months. Stay tuned for updates as we learn more.

We continue to make improvements for our patients and visitors at the hospital. We’re currently renovating inpatient rooms on our 3B and 4B nursing units. The first phase of room renovations are now complete, providing a modern aesthetic and comfortable experience for our patients and their families. This is a four-phase project, and crews are working on the second phase of rooms. We will continue to keep you updated as we move through this project.

As always, you have been busy planning many fundraising activities. The jewelry and uniform sales are popular events, and it takes a lot of work and planning to make them successful. Thank you for your commitment to making these events happen. Our staff members always look forward to them.

The senior team and I thank you for your commitment to Frederick Health and the community we serve. We’re so grateful to have you as part of our team.

Best regards,

Thomas A. Kleinhanzl

Tom Kleinhanzl
 President & CEO
 Frederick Health

Junior Volunteer Service Pin

Bonnie Walters

We want to congratulate and thank the latest recipients of the Junior Volunteer Service Pin for completing their required 75 hours of service at Frederick Health. The February, 2020 recipients are:

Annette Eldo	85.25 hours
Barathi Sivakumaran	76.25 hours
Bella Sterba	82.50 hours
Azhan Zafar	75.00 hours



Director's Letter

Sharon Hannaby

Raise your hand if you enjoy having construction done in/around your home. Chances are not a single hand was raised. Construction can bring noise, mess, confusion, and disruption to the normal flow of things. Construction also enhances and improves your surroundings —when finished.

Frederick Health is embarking on the next large construction project to improve our critical care areas (Emergency Department, ICU, and Cardiac Cath Lab). This project will take about 4 years to complete. Unlike our last large project, this project is touching on current patient care areas so we will have a lot of moving parts as we continue to serve patients while construction is going on around us.

Once complete, our Emergency Department (ED) will be expanded and some of the current sections renovated. This will include moving the Pediatric Emergency Department and in-patient rooms to the first floor (their own space within the larger ED and adding more rooms/space to the Behavioral Health area of the ED).

The new section of building will have the ED expansion on the first floor, ICU expansion on the 2nd floor, and a 3rd floor to accommodate a new Cardiac Cath area.

What can you do to help?

- Be sure to read your emails, memo books, bulletin boards, etc. so that you have the most current information.
- Be flexible. There may be day-to-day changes that will affect how we do things.
- Use valet parking or park in the deck. We are losing a bunch of parking spaces to the construction zone.
- Escort, escort, escort. If you think we get lost and confused, imagine being a patient or visitor who is under stress.
- Remember that this is all being done to help enhance our ability to care for patients. Speak positively about Frederick Health—remembering the end goal.

“I hope you’re proud of yourself for the times you’ve said ‘yes,’ when all it meant was extra work for you and was seemingly helpful only to somebody else.” Fred Rogers

Always

Nominations for Board Officers

Sharen Neale

Five Board officer positions will be up for election for the 2020-2022 term. They are:

President (currently Pat Ray),
 President-Elect (currently Harriet Brown),
 Second Vice President (currently Jan Lounsbury),
 Treasurer (currently Julane Anderson) and
 Corresponding Secretary (currently Donna Tisdale).



Election of officers will take place at the annual meeting on Thursday, June 25th. All of the current officers have expressed their desire to continue for another term in their position, however, if you have someone you would like to nominate, please notify Sharen Neale by email (sharenmn@comcast.net) or in writing, dropped off or mailed to the Volunteer Office (400 W. 7th St., Frederick, MD 21701), Attn: Nominating Committee. Nominations must be received no later than April 1st. The final slate of candidates will be presented to the membership for consideration 30 days prior to the annual meeting. Nominees will be contacted by a member of the Nominating Committee to verify their willingness to run, but as a courtesy, please speak to them to determine their assent prior to submitting their name.



YOU'RE INVITED!

FASHION SHOW AT DUTCH'S DAUGHTER

581 Himes Avenue, Frederick

Thursday, March 26, 11:30 A.M.

Cost per person is \$30 and \$5 will benefit the Frederick Health Auxiliary.

Spring fashions will be provided by Select Seconds.

To purchase a ticket please contact either:

Susan Chapman at susanchapman7@outlook.com or by phone: 301-964-1711 or

Jan Lounsbury at 50gayle@verizon.net or by phone: 240-446-5533.

No walk-ins allowed. No refunds provided.

Volunteer Award Hours Joann Ramsburg

Six volunteers have reached significant milestones this month. They are:

500 hours

Ruth DeRosa
Suzanne Nielsen
Linda Harley

1,000 Hours

Laurene Holsinger

2,000 hours

Robert Manthey

6,000 hours

Sue Basford



College Scholarships Anne Truffer



The Frederick Health Auxiliary continues its tradition of awarding college scholarships to graduating high school seniors in Frederick County. To qualify, applicants must have completed 75 hours of service in a health related field, plan a career in a health related field, be a high school graduate in the Class of 2020, and submit a completed scholarship application. Application forms are available in the FHA Volunteer office or by calling 240-566-3567. All completed applications must be postmarked **no later than March 18, 2020.**

Healthy Living Tips to Remember

Bonnie Walters

Before we move on with March's *Healthy Living Tips to Remember*, I'd like to take a moment to share a personal experience that relates to last month's article on seniors and prescription drugs. Unfortunately, I, like a few of our FH volunteers, spent Christmas Night in a hospital Emergency Department in Baltimore, where I was spending the holiday with my family. I had been having trouble with my legs swelling for the past year or so, but Christmas Day, my legs swelled much more than ever. By Christmas Night I was struggling to walk and was having issues breathing, so off to the hospital I went. There, I was diagnosed with Congestive Heart Failure (CHF). After numerous tests, I was given Lasix, and sent home with instructions to follow-up with a cardiologist. My visit to the cardiologist and additional tests revealed that I did not, in fact, have CHF. Instead I learned that one of my prescription drugs was causing these symptoms. I couldn't understand why suddenly I was experiencing these side effects. I had been taking the same drug and same dosage my family doctor had prescribed for the past twenty plus years. I just didn't believe it. Nevertheless, I stopped taking the drug as my cardiologist advised; however, I decided to research the drug and its side effects myself. In the fine print, I found the notation, "For seniors: as you age, your body may not process this drug as well as it once could. More of this drug may stay in your body longer. This puts you at risk for more side effects." Well, that said it all. It has now been four weeks since I have taken that prescription drug. My legs have stopped swelling and my breathing has improved. Needless to say, I am elated that I do not have CHF. I am, however, embarrassed that I did not follow my own Healthy Living Tips. For me, this was a lesson learned the hard way. I can assure you, I now plan to discuss all of my medications with my family doctor as I encouraged all of you to do in last month's *Healthy Living Tips to Remember*. And in the future, I promise to practice what I preach!

Did you know that ...

March is National Colorectal Cancer Awareness Month?

Colorectal cancer (CRC) is the 2nd leading cause of cancer death and the 3rd most commonly diagnosed cancer for men and women in Maryland combined?

The risk of developing colorectal cancer increases with advancing age? More than 90 percent of cases occur in people aged 50 or older.

US Men have a 1 in 22 chance/US women have a 1/24 chance of getting colorectal cancer?

African Americans have the highest colorectal cancer incidence and mortality rates of all racial groups in the United States?

Know the symptoms! Some early stages of CRC may not show any signs or symptoms. Signs and symptoms include:

- * Ongoing change in bowel habits
- * Blood in the stool
- * Frequent gas pains, bloating, fullness, or
- * Abdominal cramping
- * Narrower stools
- * Rectal bleeding
- * Feeling very tired

Colorectal Cancer is one of only a few cancers that may be prevented through screenings. If you haven't been screened, isn't it time to schedule an appointment with a gastroenterologist? For more information about colorectal cancer, see <https://www.cancer.org/cancer/colon-rectal-cancer.html>.



In Memoriam

Ron Raineri, one of our volunteers passed on February 22, 2020. Ron was a volunteer with the James M. Stockman Cancer Institute from December 2015 until December 2019 when he became too ill to volunteer. Ron had 784.25 hours of volunteer service to Frederick Health through our office and also volunteered with Frederick Health Hospice. His obituary can be found at:

<https://www.legacy.com/obituaries/fredericknewspost/obituary.aspx?n=ronald-raineri&pid=195501381>

Hour by Hour

Hours Committee

<u>Volunteer Type</u>	<u>Jan, 2020 Hours</u>	<u>Jan, 2020 No. of Volunteers</u>
College	186.5	21
Junior	1,154.50	100
Senior	5,100.00	300
Special Programs	541.25	17
Total	6,982.25	438

The Hours Committee extends a big “Thank You” to all who are diligently using their **new** ID numbers listed on their new badge. By March 31st we hope to not have to look up correct numbers any longer.

A little reminder—we still use the first 3 letters of your last name when entering your hours into our system. It will make us “so happy” if you print your name neatly when signing in. Again, thank you so much!

Select Seconds Notes

Pam Schaffert

Select Seconds still has a lot of winter clothing, shoes and accessories available. Please stop by soon for the best selection.

Also mark your calendar for our **Semi-Annual Bag Sale**, coming up **Saturday, March 21st**. Pack as many items as you can in a bag for only \$5.00 (bags are provided). Our store will be closed to the public on March 24th while we clean and restock with fresh merchandise and spring and summer fashions.

Due to recent personnel turnover, we are in urgent need of volunteers to serve as clerks and substitutes. We have several shifts available. If interested, please email Terri Hawkins, our scheduler, at hawkinstm@comcast.net or call the shop at 301-662-8280 and ask for Terri Hawkins or Pam

Schaffert.

Sales for the month of January at Select Seconds were \$13,216.89.



Gift Shop Notes

Sharll Hane

Valentine’s Day is past and we are busy readying the Gift Shop for St. Patrick’s Day. The Gift Shop held a three-day Valentine’s Day sale during which we had \$6,099.50 in sales. I want to thank everyone who made this sale such a huge success. We have bright colored tee shirts, beautiful jewelry, and other wonderful things in stock. Every week the Gift Shop gets new items – stop by and shop. We have given

away 1813 free drinks from the Drink Program through January. This program is offered to hospital employees and volunteers.

We currently have three volunteers out for health issues, let’s hope they get back to volunteering soon.

Gift Shop profits were \$6,728.55 for January and \$62,295.93 for the year to date.

R & A Committee Report

Jan Lounsbury

Our Volunteer of the Month for February was Jennifer Hoffman. She has been volunteering since October 2019 and has accumulated 14.25 hours. Jennifer and her rescue beagle mix is part of the Pet Therapy Service. You can find Jennifer and Raymond at the hospital on weekends. Jennifer received a gift certificate to Select Seconds courtesy of the FHH Auxiliary.

Auxiliary Members have been invited to join a bus trip to New York City to see the Rockettes at Radio City Music Hall on Saturday, November 28. If you are interested in going, a non-refundable deposit of \$50 made out to ELC (Evangelical Lutheran Church) can be sent to Karen Smith at 33 East Church Street, Frederick, MD 21701. The exact cost of the trip has not been determined yet. The bus would leave Max Kehne Park parking lot at 5:30 AM and return to Frederick at midnight. You would have 4-5 hours of free time in the city before the show. There are 27 spots still available. If you have any questions please contact Karen at kjsmith@gmail.com.

The Fashion Show will be held this year on

Thursday, March 26 at Dutch's Daughter. The cost per ticket is \$30 which includes a buffet luncheon as well as a cash bar. Deadline to sign up for this is March 20. Be sure to contact Susan Chapman or Jan Lounsbury to purchase a ticket.

SAVE THE DATE: A Spring luncheon will be held on Friday, May 1. More information in the near future. The Annual Auxiliary Picnic will be held on Wednesday, June 10 at Monocacy Village Park.

Our next scheduled meeting for the R&A committee will be held on Thursday, March 19 at 1 P.M. in the Volunteer Conference Room. Contact Jan Lounsbury at 50gayle@verizon.net if you are interested in joining this committee. We would love to see some new faces!



Sewing Committee

Elsie Warnock



Perhaps you or someone you know has recently been in the hospital and has been gifted with one of the pillows or walker bags made by the Senior Sewing Committee. Many thanks to these ladies for their skill and gift of time and talent. Last month 8 volunteers finished 109 neck and 41 surgical pillows. A total of 156 neck and 195 surgical pillows and 87 walker bags were delivered to several units in the hospital.

If on the first Tuesday of the month you are looking for a rewarding time with interesting conversations for a few hours, please join us in making these very appreciated gifts for patients in the hospital. We always have an empty chair and mounds and mounds of fiber fill to stuff previously cut and sewn pillows. We always welcome new projects and new volunteers. If you cannot join us every month, perhaps you can cut and/or sew at home. We can supply patterns, material and instructions for at-home projects. If interested contact the volunteer office or Elsie Warnock 301-371-9468.

Flowering Plant and Bake Sale

We are back.

The flowering plant and bake sale will be held on Friday, April 10, starting at 7:00 AM in the Volunteer Conference Room. Please help us to make this successful by baking a cake, cupcakes, cookies, or homemade candy. Baked goods may be delivered to the Volunteer Office on April 9.

Please keep in mind that this is Easter weekend. You may contact the Volunteer office at 240-566-3567 with any questions.

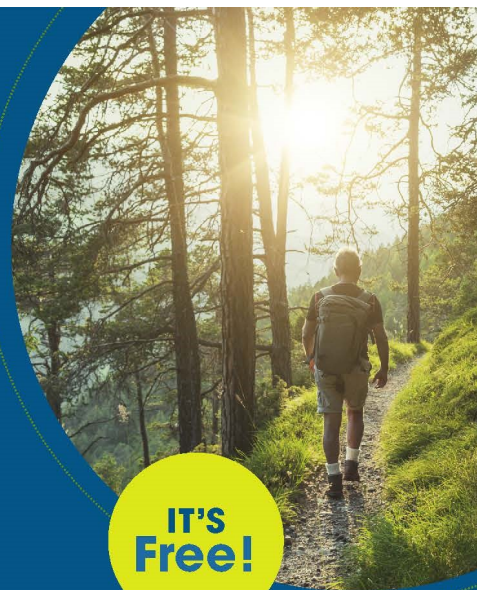
Thank you in advance.

Registration form on next page

Rewards

WORKING TOGETHER

to keep you healthy



IT'S Free!

Frederick Health Rewards is an **exclusive, members-only** community program offering lots of activities and benefits to fit a variety of lifestyles and schedules. The program is focused on helping people of all ages take an active role in their **health and wellbeing**.

When you become a Rewards member, you'll receive these **exclusive discounts and benefits**:

- Discounted services through our Featured Vendors on programs ranging from fitness and cooking to recreational activities and massage therapy*
- 20% off yoga at ProMotion Fitness at Frederick Health Crestwood
- VIP access to upcoming events, members-only lunches, health and wellness news, and a variety of activities and events throughout the year
- Free subscription to Frederick Health Rewards newsletter filled with the latest health and wellness information
- And more!

Register Today

240-379-6031
 FMHSelect@fmh.org
 FrederickHealth.org/Rewards

Membership is entirely free, and sign-up is easy.

*Visit FrederickHealth.org/Rewards for the current list and discount offers.

Wings

Harriet Brown and Kathy Soria

For the month of January 2020, Wings completed 878 discharges and 791 errands and escorts. Wings has volunteer opportunities on Mondays, Wednesdays, and Fridays for the 1-5 PM shift. Please let the Volunteer Office know if you would like to help.



Rewards

SIGN UP TODAY

For Exclusive Savings and Discounts

Frederick Health Rewards is an **exclusive, members-only** community program offering lots of activities and benefits to fit a variety of lifestyles and schedules. The program is focused on helping people of all ages take an active role in their health and wellbeing. Members get exclusive discounts with featured vendors and partner organizations, VIP access to activities and events hosted by Frederick Health, and more!

Membership is entirely free, and sign-up is easy. Fill out this form and start enjoying the rewards of being a member today! For more information, visit FrederickHealth.org/Rewards or call 240-379-6031.

First Name: _____ Last Name: _____

Age Range: 18-24 years old 25-34 years old 35-44 years old
 45-54 years old 55-64 years old 65-74 years old
 75 years or older

Gender: Male Female Other Prefer to not identify

Email: _____ Phone: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

I'd be interested in attending: Weekday Lunch Events
 Weekday Evening Activities
 Weekend Activities

I'm interested in learning more about: Womens' Health and Wellness
 Men's Health and Wellness
 Family Health and Wellness
 Community News and Events

Rewards

at Frederick Health Crestwood
 7211 Bank Court, Frederick MD 21703



Emergency Department

Ray Blowitski

January, 2020

No. of Patients	5571
Volunteer Hours	286
No. of Volunteers	26

The number of ED patients spiked by 150 patients during the month. The main hospital was on Red Alert and overcrowded numerous times.

One new volunteer was trained for the ED.



Important Reminders/Information

1. **Uniform** - Recently, we are seeing an increase in the number of volunteers who are non-compliant with our uniform policy. It seems to be more with our adult volunteers than with our students. Please review the following and be sure to wear the appropriate attire while on duty.

- **No fragrances** (perfume/cologne/lotions/heavy aftershave, etc.)

- **Clothing must not smell of tobacco products.**

- Males – Solid color pants – black, brown, navy, gray, or khaki (**No Denim/Jeans; No Sweatpants; No Shorts**).

White shirt tucked in – long or short sleeves (no sleeveless shirts); no logos/designs on shirt.

- Females – **Solid color (no stripes, plaids, or prints)** skirt or slacks – black, brown, navy, gray, khaki, or white (**No shorts, capris, leggings, yoga pants, sweatpants, or short skirts; No Denim/Jeans of any color. No tight/revealing clothing.**).

White shirt/blouse – must have a high neckline and sleeves. (**No sleeveless tops**). No logos/designs on shirt; midriff should not be exposed, no hoodies.

- Wear Rubber-soled shoes – closed at toe (**No sandals**). In clinical areas, socks must be worn with shoes.

- Jewelry/Body Art – Visible body piercing (tongue, eyebrow, nose or lip rings, etc.) must be removed while on duty. The use of clear plastic stretchers is permitted. Ear piercing must be kept to a reasonable number not to exceed 2 in each ear. Other jewelry is to be worn in moderation and must not interfere with or compromise workplace and patient safety.

- Hair must be a natural hair color (no pink, blue, purple, etc.).

- Fingernails should be trimmed no longer than ¼ inch from the tip of the finger.

- No hats or head coverings other than religious.

- Green Vest/Jacket and ID Badge. Badge must be worn above the waist.

Risk Category A - volunteer – in addition to the above, you must also observe the following:

- No canvas shoes or Crocs with holes

- No artificial nails, nail extenders, overlays, etc.

2. **Parking** – Due to the shortage of visitor/patient parking, we are asking that all volunteers use either **valet parking** or **park in the parking deck**. Parking will be getting even more limited in the upcoming months as construction begins on the new critical care/emergency department areas. Security will be monitoring the parking areas/usage.

3. **Lockers** – Volunteers may use the lockers provided in the sign-in room during your shift. Please be sure to remove your lock at the end of your shift so the locker is available for other volunteers to use. Remember that you must provide your own lock. (We have two lockers assigned to the Success Program to allow the teachers to leave notes/items for the other staff coming in from this program. Their students are here on a daily basis.) All other lockers should be left open when you are finished for the day.

We appreciate the time that you are giving to us but we need to comply with the policies of the hospital.

Thank you.



Corned Beef and Cabbage

Bonnie Walters

Looking for the perfect corned beef and cabbage recipe for your St. Patrick's Day dinner that is easy to make and healthy to eat? This recipe has everything you love about the traditional meal, melt-in-your-mouth corned beef, tender cabbage, and hearty potatoes, plus a delicious horseradish-breadcrumb topping.



Ingredients:

- | | |
|--|---|
| 1 (4-lb.) cured corned beef brisket, trimmed | 4 lbs. small red potatoes, quartered |
| 16 cups of water | 2 tablespoons chopped fresh parsley |
| 2 cups chopped onion | 2 teaspoons butter |
| 1 cup chopped celery | 2 teaspoons grated lemon rind |
| 1 cup chopped carrots | 2 teaspoons fresh lemon juice |
| 1 ½ teaspoon pickling spice | 1/8 teaspoon black pepper |
| 3 garlic gloves, peeled | ½ cup dry breadcrumbs |
| Cooking spray | 1 (5-oz.) jar prepared horseradish,
drained and squeezed dry |
| 1 tablespoon caraway seeds | 3 tablespoons Dijon mustard |
| 1 (2 ½ lb.) head of green cabbage, cored
& cut into 1-inch strips | |

Step 1

Place corned beef in a large stockpot; add water and next 5 ingredients (water through garlic). Bring to a boil. Cover, reduce heat, and simmer 3 hours. Remove brisket from pot.

Step 2

Place corned beef on a rack of a broiler pan or roasting pan coated with cooking spray; place rack in pan. Strain cooking liquid through a colander into 2 large bowls; discard solids. Return liquid to pot. Add caraway seeds and cabbage; bring to a boil. Reduce heat; simmer 20 minutes. Drain.

Step 3

While cabbage is cooking, place potatoes in a large Dutch oven. Cover with water. Bring to a boil; cook 20 minutes or until tender. Drain. Return potatoes to pan. Stir in parsley, butter, rind, juice, and pepper. Toss to coat.

Step 4

Preheat broiler.

Step 5

Combine breadcrumbs and horseradish. Spread mustard over one side of corned beef. Press breadcrumb mixture onto mustard. Broil 3 minutes or until lightly browned. Serve corned beef with cabbage and potatoes.



Frederick Health Auxiliary
400 West Seventh Street
Frederick, MD 21701

Non-Profit Organization
U.S. Postage Paid
Frederick, MD. 21701
Permit No. 6

CURRENT RESIDENT OR:



Upcoming Events—Mark Your Calendar

- March 11-12, Wed and Thurs: Lancaster Linens—Cafeteria
- March 21, Sat: Semi-Annual Bag Sale, \$5.00—Select Seconds
- March 26, Thurs: Fashion Show—Dutch's Daughter (see page 4)
- March 31, Tues: Mindy's Jewelry—Cafeteria
- April 1-2, Wed and Thurs: Fudge Farm—Cafeteria
- April 10, Fri: Flowering Plant and Bake Sale—Volunteer Conference Room
- April 13-14, Mon and Tues: Everything \$6 Sale—Cafeteria
- May 1, Fri: Spring Luncheon (details to follow, see page 7)
- May 6, 7, and 8, Wed, Thurs and Fri: Books are Fun—Cafeteria
- June 10, Wed: Annual Auxiliary Picnic—Monocacy Village Park
- June 10-11, Wed and Thurs: First Uniform—Cafeteria
- June 25, Thurs: Annual Membership Meeting—Ceresville Mansion,
(Limited Seating Capacity)

